

## Six Helpful Questions to Ask Others

by John Maxwell

1) *"What do you dream about?"*

To understand the mind of people look at what they have already achieved. To understand the heart of people look at what they dream of becoming.

2) *"What do you cry about?"*

When you know where people carry their pain, what makes them hurt, you can't help but understand their heart.

3) *"What do you sing about?"*

When you know what brings joy to people, you know where they draw their strength.

4) *"What are your values?"*

If you can identify people's values, you have entered the most sacred chambers of their heart.

5) *"What are your strengths?"*

Once you understand how people perceive their strengths, you understand what makes their hearts proud.

6) *"What is your temperament?"*

When you discover people's personality traits, you discover the uniqueness of their heart's hardwiring.

*"The good man brings good things out of the good stored up in his heart,  
and the evil man brings evil things out of the evil stored up in his heart.  
For out of the overflow of his heart his mouth speaks."*

– Luke 6:45 –

## Questions or Ideas to Generate Discussion

- Describe an event in your marriage that provided great reason for celebration.
- Describe an event in your marriage where you needed to rely upon God for divine intervention.
- What is your favorite childhood memory? Why was that important to you?
- What were the character traits that attracted you to each other?
- Describe your most memorable dating or courtship experiences together. What, if any, of those experiences do you continue to enjoy in your marriage and why?
- What goals do you have for your marriage?
- What is the most important lesson you've learned from your parents?
- What is the most important lesson you've learned from your children?
- Describe something about your marriage that fills your heart with joy.
- Who has been your most significant spiritual influence in your marriage?
- What is your biggest fear as you look into your future?
- Describe something that has been difficult for you to understand about marriage?
- If God whispered in your ear at this moment, what do you think you would hear him say about your marriage?
- What do you think is the hardest thing about marriage? About parenting?
- What's one thing you'd like to try, whether you could succeed or not?
- If someone handed you \$10,000, what would you do with it? \$100,000? \$1,000,000?
- Share a bad decision you made and the consequences that came from it.
- What family tradition do you wish would go away?
- List the boundaries you've agreed upon to protect your marriage from unfaithfulness.
- What ways does your spouse strengthen your marriage?
- What was your most memorable spiritual experience?