

Breaking the Bondage of Generational Sin

Ex 20:1-6 NIV

1 And God spoke all these words: 2 "I am the LORD your God, who brought you out of Egypt, out of the land of slavery. 3 "You shall have no other gods before me. 4 "You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, 6 but showing love to a thousand [generations] of those who love me and keep my commandments.

A vital step in obtaining your freedom in Christ is to renounce (*to refuse further to follow, obey, or recognize*) the sins of your family. The iniquities of one generation can adversely affect future generations unless the sins of the ancestors are acknowledged and renounced, and your spiritual heritage in Christ is claimed. You are not guilty for the sin of your ancestors, but because of their sin, you may be *predisposed* to certain strengths or weaknesses and influenced by the physical and spiritual atmosphere in which you were raised. These conditions can contribute to causing someone to struggle with a particular sin. To assist you in this powerful process of prayer and discovery a list of common sin areas is given below.

Ask the Lord to show you specifically what sins are characteristic of your family.

Immorality	Gluttony	Materialism
Eating Disorders	Chronic Illness	Physical Abuse
Accident Proneness	Unnecessary Surgeries	Grief
Controlling Behaviors	Theft	Guilt
Bankruptcy	Excessive Spending	Inferiority
Hoarding	Selfishness	Unforgiveness
Greed	Bitterness	Worry
Compulsions	Sugar Addictions	Fear
Smoking	Chewing	Pride
Alcohol Abuse	Drug Abuse	Infidelity
Pornography	Sexual Abuse	Homosexuality
Incest	Molestation	Criminal Activity
Astrology	Spells and Curses	Rebellion to Authority
Witchcraft	Gambling	Blasphemy
Self-pity	Deception	Abortion
Secrets	Cover-ups	Sleep Disorders
Rage	Self-centeredness	Mental Disorders
Depression	Suicide	Demon Possession
Pagan Belief Systems	Idolatry	Verbal Abuse
Denial	Co-dependency	Profanity
Hypochondria	Pessimism	Illegitimate Pregnancy
Fatigue	Cowardice	Divorce
Workaholism	People Pleasing	Role Reversals within the Home

Phil 3:13-14 NIV

13 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

