

The Counseling Component of Discipleship

(Getting Well – Learning to do everything for the Glory of God)

SPIRITUALLY

Dealing with the deeds of the flesh (Gal 5:19-21)

(Developing a hatred for sin and understanding its power to separate one from God and diminish the quality of one's life).

EMOTIONALLY

Dealing completely with grudges, grief, guilt and fear that open the door to Satanic deception.

PHYSICALLY

Improving one's rest, diet, exercise, and medical attention.

EXTERNALLY

Finding balance and order with finances & time (i.e., with family, work, school, friends, recreation, & ministry).

*These four key areas are best addressed by a team of skilled caregivers (i.e., pastors, disciplers, mentors, counselors, physicians, financial planners, trainers, etc.)

“We proclaim him, admonishing and teaching everyone with all wisdom, so that we may present everyone perfect in Christ. To this end I labor, struggling with all his energy, which so powerfully works in me.” Col. 1:28-29

