

12 Strategies to Win the Battle of the Mind

From Joyce Meyer

1. I can do whatever I need to do in life through Christ. (Philippians 4:13)
2. God loves me unconditionally! (Eph 1:4)
3. I will not live in fear. (2 Tim 1:7)
4. I am difficult to offend. (Psalm 119:165)
5. I love people and I enjoy helping them. (John 13:34)
6. I trust God completely; there is no need to worry! (Proverbs 3:5)
7. I am content and emotionally stable. (1 Tim 6:6)
8. God meets all my needs abundantly. (3 John 2)
9. I pursue peace with God, myself, and others. (Psalm 34:14)
10. I live in the present and enjoy each moment. (Psalm 118:24)
11. I am disciplined and self-controlled. (Hebrews 12:11)
12. I put God first in my life. (Ex 20:3)... this is her most important one!