

“Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!” 2 Cor. 5:17

*Generally the “wheels come off” of your life for one of three reasons.
Either:*

- 1. You have never truly surrendered to Jesus Christ as Lord “boss” of your life and are without the Holy Spirit. God loves you and wants desperately to save you and has allowed this misery to enter your life to “grab your attention.”*
- 2. You have a relationship with God through Jesus Christ but are simply unaware of the wonderful principles in His Word, the Bible. You continually make your decisions based on your emotions and are miserable.*
- 3. You have a relationship with God and know His commands but are presently disobedient and are consequently miserable.*

***Disobedience can be caused by any one or a combination of the following:**

- A. *External causes* – ie. a frenetic schedule; work, family, or financial pressures; a traumatic event**
- B. *Physical causes* – ie. chemical imbalance; poor diet; lack of exercise; fatigue; chronic illness**
- C. *Emotional causes* – ie. addiction; abuse; abortion; rage; depression; jealousy; apathy; laziness; loneliness; sorrow**
- D. *Spiritual causes* – ie. rebellion; guilt; grudges; grief; ungodly thinking; demonic control; secret sin; idolatry**

**The only thing in life that matters is *obeying* God;
obeying God is *always* in our best interest.**

