

How do the Key People in My Life Receive Love?

Gary Chapman, Ph.D. describes “The Five Love Languages” as the five different ways that people accept love. I believe a person’s heart is actually divided into five sections, each representing one of the five Love Languages. The size of each section is different for each person. For example, Quality Time would represent about 60% of my heart but Receiving Gifts would represent only about 10%. Each section has a battery that has to be constantly charged. The lower the charge is allowed to get the more energy it will take to re-charge the battery. If the sections that make up the majority of the heart are not charged on a regular basis then the person will not be a very happy camper. The result of the batteries not being properly charged, especially for a long period of time is **LACK OF TRUST AND RESENTMENT DUE TO A LACK OF FEELING LOVED.**

