

Michael D. Jacobson, D.O., a former U.S. Army flight surgeon and family practitioner, noted that in the mid-fourteenth century, bubonic plague wiped out one-fourth of Europe's population in just one year. It returned repeatedly over the next 250 years, killing nearly a fourth of London's population in 1603. England lost nearly half of its total population to this plague. Read history's record of how the Jewish people fared in the face of it: ¹

As the Plague continued its scourge, it became apparent that the Jewish people were somehow escaping its death grip. This led many to persecute them. People concluded that it was the Jews who were responsible for the plague, since they were the only ones who were not dying.

The truth is that, hundreds of years prior to the discovery of bacteria, the Jews were protecting themselves from the deadly *Yersinia pestis* microbe by practicing cleanliness and good hygiene. . . more than three thousand years before man discovered bacteria, the Creator had given detailed instructions that, if followed would prevent the spread of such a deadly communicable disease.²

¹ Jordan S. Rubin, *The Maker's Diet* (Lake Mary, FL: Siloam A Strang Company, 2004), p.38-39.

² Dr. Michael D. Jacobson, *The Word on Health: A Biblical and Medical Overview of How to Care For Your Body and Mind* (Chicago: Moody Press, 2000), 11.