

Alcoholism Questionnaire

The CAGE questionnaire is a simple tool for screening for alcoholism. Answering “Yes” to two or more questions indicates probable alcoholism. Further assessment would be needed to make a diagnosis. The CAGE questionnaire is recommended as an initial screening tool because its questions and scoring can be remembered easily.

The CAGE questionnaire:

Have you ever felt you ought to **C**ut down on your drinking?

Have people **A**nnoyed you by criticizing your drinking?

Have you ever felt bad or **G**uilty about your drinking?

Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (**E**ye opener)?