

spiritualdirection

*Ps 37:30-31 NLT 0 The godly offer good counsel;  
they know what is right from wrong.  
31 They fill their hearts with God's law,  
so they will never slip from his path.*

## **How We Approach Spiritual Direction**

(Michele Oakland and Fred Nelson)

**Step #1 - we discuss what it means to "be saved and indwelt by the Holy Spirit"**

**Step #2 - we secure an agreement that obeying God is the goal**

**Step #3 - we secure an agreement that the person wants our help in achieving the above goal**

**Step #4 - through discussion, prayer, and study of the Scriptures we attempt to uncover the fundamental sins that have caused the pain (*helping the person determine how and why that sin entered their life can be productive*)**

**Step #5 - we begin to work on their *confession* and *repentance* followed by specifically granting forgiveness to those who have offended them**

**Step #6 - we teach them the importance of the "spiritual triangle" of Bible study, listening prayer, and intimate fellowship with other believers**

**Step #7 - we begin the discipleship process or pass them to another 1 Timothy leader who will do the same**

*Matt 28:19 -20 NLT 19 Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. 20 Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."*

