

Forgive them all Oh Lord:

Our sins of omission and our sins of commission;

The sins of our youth and the sins of our riper years,

the sins of our souls and the sins of our bodies;

our secret sins of ignorance and surprise,

Our more deliberate and presumptuous sins;

The sins we commit to please others,

the sins we commit to please ourselves;

The sins we know and remember

and the sins we have forgotten;

The sins we strive to hide from others

and the sins by which we have made others offend;

Forgive them all O Lord; please forgive them all for His sake.

He who died for our sins and rose for our justification

And now stands at your right hand and makes intercession for us,

Jesus Christ our Lord and Savior. Amen.